

PROMOTING STUDENT WELLNESS

The following co-signed associations and organizations, issue this joint statement to recognize the critical role schools play in promoting wellness among staff, students and families.

We firmly believe that the Local Wellness Policy, as required by the US Congress in PL 108-265, Section 204, provides a tremendous opportunity for schools to assess and improve how their policies, environment, programs, and activities contribute to the health and well-being of our nation's young people. We are committed to providing leadership and assistance to school districts and schools as they adopt, implement, maintain, and evaluate local wellness policies that will positively affect their schools and communities.

We call on schools and communities to recognize the health and educational benefits of creating and implementing local wellness policies and the importance of making student health a priority. We urge schools to create policies that support the development of knowledge, skills, attitudes and behaviors so that all individuals can develop a healthy and physically active lifestyle that will positively influence their health, academic performance, and overall quality of life, today and in the future.

Action for Healthy Kids,
American Dietetic Association
American Association of Pediatrics
American Dental Association
American Heart Association
Council of Chief State School Officers
Food Research & Action Center
National Association of State Boards of Education
National Association for Sport and Physical Education
National School Boards Association
National PTA
School Nutrition Association
National PTA
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